

# SSEP Board of Directors and Advisory Council

*The Board of Directors manage the assets to ensure that the SSEP mission is accomplished. The Advisory Council Members are experts in the field of diabetes and pregnancy on implementing the Sweet Success Model in a variety of health care settings. The members are committed to improving the standards of care for women with diabetes related to pregnancy.*



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*Featuring SSEP Products and Services  
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## Who we are

SSEP is a nonprofit corporation formed to promote diabetes and pregnancy guidelines through education. The guidelines are based on the highly successful Sweet Success model of care.

SSEP, in collaboration with Sweet Success and Sweet Success Express, is dedicated to improving the care of women with diabetes prior to and during pregnancy and promote health in the future. The SSEP Board of Directors oversee the management of the assets to ensure that the purposes of SSEP are carried out. The Advisory Council Members, comprised of experts in the fields of nursing, nutrition, social work and medicine, provide the knowledge and expertise to maintain the quality of the professional education materials developed and services provided.

**BACKGROUND:** The California Diabetes and Pregnancy Program (CDAPP) developed and implemented the Sweet Success model of care, and has over twenty years of proven positive outcomes. The model provides guidelines with an organized plan and an effective approach to care. The Sweet Success model of care meets standards of care promoted by the American Diabetes Association and works collaboratively with other publicly funded programs including the California Department of Health Services' Diabetes Control Program and the Diabetes Coalition of California in maintaining management accuracy and program quality.

## What we do

SSEP promotes education to improve diabetes and pregnancy care based on the California Sweet Success model of care by making it available and accessible to programs nationwide.

This progressive model of care provides diabetes and pregnancy guidelines that have been successfully implemented in various settings including managed care, primary care, clinics, offices, medical centers and hospitals at all levels of care in numerous states, and at Indian Health Service facilities.

## Mission

The mission of SSEP is to assist in establishing cost-effective, national diabetes and pregnancy standards of care directed toward improving pregnancy outcomes through preventative health education for women with pre-existing or gestational diabetes mellitus and their children. Education is directed toward improving long-term outcomes, preventing diabetes related complications and decreasing the incidence or preventing the onset of type 2 diabetes in women who develop gestational diabetes, and preventing diabetes and obesity in their children.

## Who our clients are

SSEP clients are professionals or students in nursing, social work, nutrition and numerous medical specialty fields. They come from health care maintenance organizations, hospitals, clinics and schools. They are people and organizations that want to provide quality care in a cost effective way with a program that has a proven track record.

## Services/Products

- ❖ Assists in planning and presenting Annual Research Conference and "Standards of Care" seminars
- ❖ Education materials for health care providers
- ❖ Guidelines at a Glance for GDM
- ❖ Guidelines at a Glance for Preexisting DM
- ❖ Guidelines at a Glance for Calculating and Adjusting Insulin During Pregnancy
- ❖ Diabetes and Pregnancy Education Materials and Resources
- ❖ Diabetes and Pregnancy Resource Manual: Tools for Success
- ❖ Periodic Newsletters
- ❖ Online Consults for standards of care issues
- ❖ Sweet Success Program Association
- ❖ Program Assessments
- ❖ Individual Membership Program
- ❖ Periodic Electronic Mailings
- ❖ Speaker's Bureau
- ❖ Reimbursement Information (free for members)
- ❖ Quality Assurance and Performance Improvement Tools (free for members)
- ❖ Web Site - [www.sweetsuccessexpress.com](http://www.sweetsuccessexpress.com)

## What we provide for Associate Programs

- ❖ Program Assessment: Assistance with a program self-assessment of services and resources, including recommendations
- ❖ Program Manual: Assists in implementing your program using the latest Sweet Success Guidelines for Care
- ❖ Online Consultation: Ongoing updates of changing practice standards and answers to standards questions
- ❖ Limited Phone Consultation may be scheduled for a mutually agreeable time to discuss standards of care issues
- ❖ Free Education Materials: Current copy of Sweet Success Guidelines for Care; set of three Guidelines at a Glance; SSEP Associate Program Manual; professional and patient education tools
- ❖ Sweet Success Update newsletters
- ❖ Bi-Monthly Electronic Mailings: updates, tools, articles and/or updates in practice standards
- ❖ Discounts on registration fees for SSE conferences and seminars SSEP and Sweet Success education materials
- ❖ Certificate of Good Standing: awarded annually upon completion of requirements
- ❖ NOTE: All associate members are required to attend a Standards of Care Seminar at their own expense.

## What we provide for Individual Members

- ❖ Guidelines-at-a-Glance for GDM
- ❖ Quarterly newsletters and conference brochures
- ❖ Periodic electronic mailings
- ❖ Limited online/phone consults with experts
- ❖ Discounts on SSE conference registrations
- ❖ Discount on SSEP & Sweet Success materials
- ❖ SSEP membership card



For more information or questions contact:

SSEP

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