

Registration

- All registrations must be **accompanied by payment prior to event**
- All registrations must be confirmed by Region 6.1 office
- Confirmations will be sent via: Email

Includes

- Syllabus
- CEU's
- Continental breakfast both days and lunch on Monday

Cancellations:

- Substitutions for paid participants are encouraged.
- Refunds less \$10.00 fee will be given when a request is received in writing by August 30, 2010.

Sweet Success Affiliation

Completion of this training is one of the requirements for Sweet Success Affiliation. For the next steps on becoming a Sweet Success Affiliate please contact a CDAPP Regional Coordinator.

For more information please contact:
CDAPP - Region 6.1
(562) 595-6459



Sweet Success Diabetes and Pregnancy Training

September 13 & 14, 2010

Center for Health Education
Long Beach Memorial and Miller
Children's Hospital
2801 Atlantic Avenue
Long Beach, CA 90806
(562) 933-2000



Presented by the
Region 6.1

California Diabetes and
Pregnancy Program
(CDAPP)

COURSE DESCRIPTION

This continuing education program presents up to date training for the assessment and management of pregnant women with diabetes. Participants will receive practical information on implementing a multidisciplinary approach in caring for these women in order to optimize perinatal outcome.

OBJECTIVES

Upon completion of this two-day course, participants will be able to:

- Define "Sweet Success" provider and affiliate responsibility with the California Diabetes & Pregnancy Program (CDAPP).
- Demonstrate an understanding of the pathophysiology of pregnancy complicated by diabetes: Type 1, Type 2, and GDM.
- State the Sweet Success recommendations for screening, diagnosis, and follow up of gestational diabetes.
- Counsel women before, during, and after pregnancy about **reducing** long and short term **risks** of hyperglycemia during pregnancy to the mother, fetus, and off spring.
- State the Sweet Success blood glucose targets and self **monitoring** frequencies during pregnancy and lactation for women with diabetes
- Describe the principles of a **healthy eating** plan for women with diabetes during pregnancy.
- Explain how **staying active** contributes to maintaining blood glucose targets.
- Identify tools to assess **coping** with stress, readiness for change, level of motivation and signs of depression in women experiencing diabetes during pregnancy.
- Explain how to safely and accurately **use medications**: insulin and oral agents to achieve normoglycemia.
- Teach problem **solving** skills to empower women to make positive lifestyle changes.
- Describe the impact of cultural beliefs on diabetes self-care behaviors.

Agenda

Monday - September 13, 2010

- 7:30 Registration & Continental Breakfast
- 7:45 Welcome Address
- 8:00 Overview of CDAPP and Sweet Success
- 8:30 Pathophysiology and Medical Management of Diabetes in Pregnancy
- 9:30 Question and Answer Period
- 9:45 Break
- 10:00 Hospital Care of the Pregnant Woman with Diabetes and Her Infant
- 10:45 Management of Insulin and Oral Agents
- 11:30 Question and Answer Period
- 11:45 LUNCH
- 12:30 Psychosocial Issues, Intervention and Resources
- 2:15 Break
- 2:30 Tools for Improving Patient Compliance
- 3:30 Question and Answer Period
- 3:45 Evaluations/Adjourn



Tuesday - September 14, 2010

- 7:30 Registration & Continental Breakfast
- 7:45 Review from Day 1
- 8:00 Preconception Care
- 8:45 Nursing Education: Facilitating the Teaching/ Learning Process
- 9:45 Question and Answer Period
- 10:00 Break
- 10:15 Sweet Success Nutrition Guidelines
- 11:15 Exercise in Pregnancy with Diabetes
- 12:15 Question and Answer Period
- 12:30 Evaluations/Adjourn

*Lunch is not included on Tuesday *

ACCREDITATION

Nurses: This course is applying for 11 contact hours by the California Board of Registration Nursing, Provider #00512 Division of Nursing, Long Beach Memorial Medical Center.

Dietitians: Support material available for 11 RD CPE's.

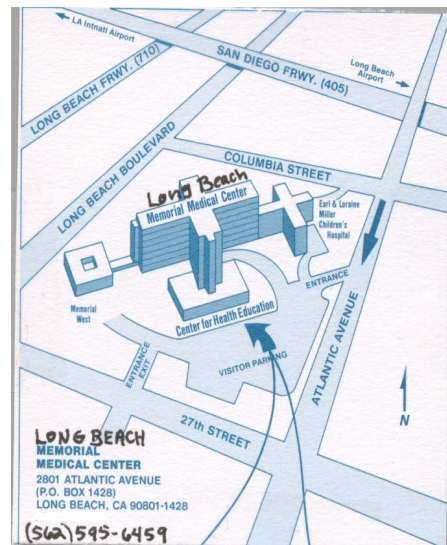
LCSWs and MFTs: This course is applying for 11 contact hours by the California Board of Behavioral Sciences, Provider #PCE 1216 Social Work Department, LBMMC

CDEs: This course is applying for 11 contact hours for Certified Diabetes Educators.

Contact hours will not be given for partial course completion.

DIRECTIONS / PARKING

Take the 405 Freeway to Long Beach, exit at Atlantic Ave and go south. Make a right on Memorial Med Ctr. You may park in Memorial parking lot for \$5.00 a day. Bringing a sweater is recommended.



REGISTRATION FORM

Please read Registration section carefully

Registration Prices			Check One
Affiliates	2 days	130.00	
Non-Affiliates	2 days	180.00	

_____ Name

_____ Position/Title

_____ Institution

_____ Address

_____ Phone

_____ E-mail

_____ Fax

_____ Affiliate Program

_____ Affiliate Number

MD RN RD MSW MFT

Other LICENSE# _____

(License number must be included on registration for credit)

Please make checks payable to:
Perinatal Outreach Education
Mail before August 27, 2010 to:

Attention: Elena Leal
 Long Beach Memorial Medical Center
 Perinatal Outreach Education Program
 2701 Atlantic Ave. Suite A
 Long Beach, CA 90806
 (562) 595-6459