

UCSF SCHOOL OF NURSING  
PO BOX 0606  
SAN FRANCISCO, CA. 94143-0606

## Diabetes and Pregnancy: Sweet Success Affiliate Sharing Day - Friday October 1, 2010

### California Diabetes and Pregnancy Programs ★★ North Coast- Region 1 East Bay Region 3

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Success

**1855 Folsom Street  
MCB, First Floor #126-128  
San Francisco, California  
Time: 0830-1600**

This Project is supported in part by funds received from the *State of California, Division of Public Health, Maternal, Child and Adolescent Health Division*

### Registration Form

Registration fee includes CEUs, syllabus, healthy breakfast, lunch and snacks.

**Parking is not included.**

Name:

Title or Position:

Address:

Phone

FAX

Email:

Discipline (circle one)

RN RD MSW NP MD

Other:

License Number:

**Cost:**

\$40 **for affiliates**

\$50 for non affiliates

\$10 additional fee if registering on site

**Last day for registration before the event Sept 23**

Payment Method: **CHECKS ONLY- NO  
CREDIT CARDS -YOU MUST MAKE  
the CHECK TO UC REGENTS**

#### **Accreditation**

UCSF is accredited as a provider of continuing education by the state of California Board of Registered Nursing. Contact hours for this program are 6.5 CEUs per day. RD CEU's TBA

**For Information call: Griselda @ 415-476-9877**

or

Email: [maribeth.inturrisi@nursing.ucsf.edu](mailto:maribeth.inturrisi@nursing.ucsf.edu)

**Send Registration to:  
CDAPP**

**C/o Griselda Thomas  
UCSF School of Nursing  
PO Box 0606  
SF, Ca. 94143-0606**

**Please Post**

# Diabetes and Pregnancy: Sweet Success

## Faculty

California Diabetes and Pregnancy Program  
Region 1 & 3 Regional Team  
Family Health Care Nursing  
UCSF School of Nursing  
San Francisco, Ca:

**Maribeth Inturrisi, RN, MSN, CDE**  
Regional Coordinator/Nurse Consultant

Sutter Pacific West Physician Foundation  
Sweet Success Program SF, Ca  
Nurse Educator

**Kimberlee Sorem MD, Perinatologist**  
Regional Medical Director

Sutter Pacific West Physician Foundation  
Sweet Success Program SF, Ca  
Medical Director

**Trudy Theiss RD, MS, CDE**  
Regional Nutrition Consultant

Sutter Pacific West Physician Foundation  
Sweet Success Program, SF, Ca  
Dietitian

**Kay Goldstein MFT**  
Regional Behavioral Medicine Specialist  
Private Practice: SF& Berkeley

This program is designed to provide nurses, registered dietitians, behavioral medicine specialist and other perinatal health care providers with an update on the latest information available concerning diabetes and pregnancy.

## Hot Topics will include:

0800 Registration and Healthy Breakfast

### AM

- Controversy: IOM Wt gain recommendations for pregnant women-does diabetes make a difference?
- Research and Relationship- evidenced-based psychosocial interventions
- IADPSG Recommendations for diagnosing diabetes during pregnancy and .....
- Implementation of New recommendations: - Barriers and Novel strategies. This will be an interactive session where attendees are encouraged to share their own experiences with implementation or their barriers. This will be led by the Regional team.

### PM

- Management of Challenging Cases  
We encourage attendee submission of challenging cases for discussion. **Please submit your case by filling out the attached form by September 15<sup>th</sup> and emailing to [Maribeth.Inturrisi@nursing.ucsf.edu](mailto:Maribeth.Inturrisi@nursing.ucsf.edu)**  
If we choose your case study you will be notified by email and may attend free of charge!

## Sweet Success Affiliate Sharing

### Course Objectives:

At the conclusion of this program, participants will be able to:

- 1). Describe the 2010 IADPSG recommendations for diagnosing diabetes during pregnancy
- 2). Recognize the barriers to implementation.
- 3). Discuss novel ways to implement these recommendations.
- 4). Discuss controversy over 2009 IOM wt gain recommendations for pregnancy.
- 5)
- 6). Identify strategies and tools to improve the management of challenging cases of pregnancies complicated by diabetes

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